

THE BOOK OF HEBREWS

# Hold Fast

REDEEMER

Hold Fast: “to be diligent, cling to, to take firm hold of.”

In English, hold fast is a nautical term that is connected to the Dutch words “houd vast”, which means “hold tight” in regards to holding securely to the ship’s ropes and rigging.



**Hold Fast.**

**Hold Fast to the One who Holds You Fast.**

To the degree our hearts are gripped by the *greatness* of the One who holds us fast, we will by God’s grace live a life that holds fast as the writer exhorts us to in this letter. We will be anchored by the living hope, firm and secure (Heb 6:19).

## **Hebrews 1:1-4:**

Long ago, at many times and in many ways, God spoke to our fathers by the prophets, but in these last days he has spoken to us by his Son, whom he appointed the heir of all things, through whom also he created the world. He is the radiance of the glory of God and the exact imprint of his nature, and he upholds the universe by the word of his power. ...

After making purification for sins, he sat down at the right hand of the Majesty on high, having become as much superior to angels as the name he has inherited is more excellent than theirs.

**Consider the One who Holds us Fast:**

- 1) Final Word who speaks to us
- 2) Heir of all things
- 3) Created the world
- 4) Radiance of the glory of God
- 5) Upholds the universe by the word of His power
- 6) Makes purification for our sins
- 7) Superior to angels

**Implications for us as we consider this Jesus who holds us fast:**

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1. You can know that in your struggle with holding fast, Jesus is not silent but He speaks to you with love and authority.

**Hebrews 1:1-2a**

“Long ago, at many times and in many ways, God spoke to our fathers by the prophets, but in these last days he has spoken to us by his Son...”

**Thoughts/Takeaways:**

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1. Very often, it's not that God is not speaking; rather, we are not listening.
2. Jesus speaks to us through His word, and if Jesus' words do not shape our hearts, some other words will.
3. Jesus speaks to you and me with love and authority!

### Implications for us as we consider this Jesus who holds us fast:

2. You can let go of your tight grip of holding fast to things in this world.

The reason we are not holding fast to Jesus is because we are holding fast to something else.

One of the tightest grips we "hold fast" to is money for our security, control, comfort, and influence.



Hebrews 1:2: "...whom he appointed the heir of all things..."

Romans 8:16-17: “The Spirit bears witness with our spirit that we are children of God, and if children, then heirs—heirs of God and joint heirs with Christ, if indeed we suffer with Him, that we may also be glorified together.”

**Implications for us as we consider this Jesus who holds us fast:**

3. You are able to hold fast knowing that your life has significant meaning and purpose.

Hebrews 1:2: “...through whom also he created the world.”

Christianity says: If God created the world and created you, life is not random and you were made for a purpose and a destiny. This is a significant, purposeful, meaningful worldview.

Alex Rosenberg: “What is the purpose of the universe? There is none. What is the meaning of life? Ditto. Does history have any meaning or purpose? It’s full of sound and fury, signifying nothing.”

Stanley Kubrick: “The very meaninglessness of life forces man to create his own meaning.”

**Implications for us as we consider this Jesus who holds us fast:**

4. Your holding fast is not a dull or mundane experience; rather, your experience is one of beholding the radiance of Jesus who captivates and awes your heart!

Hebrews 1:3: "He is the radiance of the glory of God and the exact imprint of his nature..."

*Monsters* by James Blunt

Oh, before they turn off all the lights  
I won't read you your wrongs or your rights  
The time has gone  
I'll tell you goodnight, close the door  
Tell you I love you once more  
The time has gone  
So here it is

I'm not your son, you're not my father  
We're just two grown men saying goodbye  
No need to forgive, no need to forget  
I know your mistakes and you know mine  
And while you're sleeping I'll try to make you proud  
So, daddy, won't you just close your eyes?  
Don't be afraid, it's my turn  
To chase the monsters away.

**Implications for us as we consider this Jesus who holds us fast:**

5. You are being powerfully held fast by Jesus in way that's beyond anything you can imagine or think!

Hebrews 1:3: "...and he upholds the universe by the word of his power."

**Implications for us as we consider this Jesus who holds us fast:**

6. You can know that, in spite of your sins and failures, Jesus will never stop holding you fast.

Hebrews 1:3: "After making purification for sins, he sat down at the right hand of the Majesty on high..."



**Implications for us as we consider this Jesus who holds us fast:**

7) You are being held fast by One who is far superior to anyone or anything that your heart ascribes glory, greatness, and transcendence to.

Hebrews 1:4: "...having become as much superior to angels as the name he has inherited is more excellent than theirs."

Prayer: "Jesus..."

I worship you. Thank you

I want that, I need you

Forgive me

Help me

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