



J.C. Ryle: "Fear not because your prayer is stammering, your words feeble, and your language poor. Jesus can understand you."

The Man of Sorrows:  
Truly **man**, not just truly **God**

The Man of Sorrows:  
Truly **man**, not just truly **God**  
Truly **God**, not just truly **man**

The **Sighing** Savior

What makes you **sigh** today?

## The Sighing Savior

### 1. Sighing over those who are hurting

### Mark 7:31-37

Then he returned from the region of Tyre and went through Sidon to the Sea of Galilee, in the region of the Decapolis. And they brought to him a man who was deaf and had a speech impediment, and they begged him to lay his hand on him. And taking him aside from the crowd privately, he put his fingers into his ears, and after spitting touched his tongue.

And looking up to heaven, **he sighed** and said to him, “Ephphatha,” that is, “Be opened.” And his ears were opened, his tongue was released, and he spoke plainly. And Jesus charged them to tell no one. But the more he charged them, the more zealously they proclaimed it. And they were astonished beyond measure, saying, “He has done all things well. He even makes the deaf hear and the mute speak.”

### Thoughts:

1. It is striking that Jesus “sighed”!
  - a. Meaning of “sigh”
  - b. Sighing over the plight of this man

Don't think that if you're a disciple of Jesus, you shouldn't be experiencing sighs of sorrow in your life.

Jesus gives us permission to sigh over a broken and sorrow-filled world.

Application:

1) To those who struggle with this kind of sighing..

We don't simply theologize our sorrows. We are to grieve and groan over them, and this is a godly thing to do.

Application:

2) To those who have no problem with this kind of sighing...

You have a HUGE heart, and the danger is that you absorb it. ALL OF IT.

As a result, it takes you out, or you take it out on others.

Instead of absorbing it all in and having it stay there, bring it to Jesus.

Verse 32: And they brought to him a man who was deaf and had a speech impediment, and they begged him to lay his hand on him.

## The Sighing Savior

1. Sighing over those who are hurting
2. Sighing over those who hurt others

## A Case Study: The Pharisees

Mark 3:22: And the scribes who came down from Jerusalem were saying, "He is possessed by Beelzebul," and "by the prince of demons he casts out the demons."

Mark 3:1-2, 6: Again he entered the synagogue, and a man was there with a withered hand. And they watched Jesus, to see whether he would heal him on the Sabbath, so that they might accuse him. ...The Pharisees went out and immediately held counsel with the Herodians against him, how to destroy him.

### Mark 8:11-13

The Pharisees came and began to argue with him, seeking from him a sign from heaven to test him. And he sighed deeply in his spirit and said, "Why does this generation seek a sign? Truly, I say to you, no sign will be given to this generation." And he left them, got into the boat again, and went to the other side.

### Thoughts/Takeaways:

1. Jesus sighs not only over those who are hurting but also those who are hurting others. One reflects the reality of "physical sickness" in the world and the other a "spiritual sickness" in all of us.

Thoughts/Takeaways:

2. In sighing over those who hurt others, we can end up becoming like the very people whom we are sighing about.

“Hi, my name is Jack Miller, and I am a recovering Pharisee.”

- Jack Miller, Pastor

a. “Let’s fight!”

Verse 11a: “The Pharisees came and began to argue with him...”

b. “Prove it, so that I can prove you wrong!”

Verse 11b: “...seeking from him a sign from heaven to test him.”

Thoughts/takeaways:

3. Such an attitude will prevent us from experiencing the supernatural power of God.

Mark 8:11-13: The Pharisees came and began to argue with him, seeking from him a sign from heaven to test him. And he sighed deeply in his spirit and said, “Why does this generation seek a sign? Truly, I say to you, no sign will be given to this generation.” And he left them, got into the boat again, and went to the other side.

## The Sighing Savior

1. Sighing over those who are hurting
2. Sighing over those who hurt others
3. Bring your sighs to the Sighing Savior

A third kind of "sigh"

1. As you sigh over those who are hurting, realize that on the cross Jesus not only identifies with those who are hurting, he comes to heal those who are hurting.

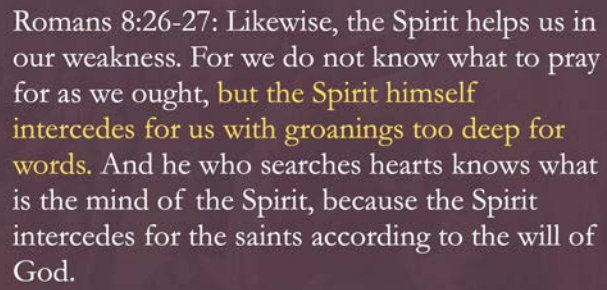
Revelation 21:3-4: And I heard a loud voice from the throne saying, "Behold, the dwelling place of God is with man. He will dwell with them, and they will be his people, and God himself will be with them as their God. He will wipe away every tear from their eyes, and death shall be no more, neither shall there be mourning, nor crying, nor pain anymore, for the former things have passed away."

2a. As you sigh over those who hurt others, we see on the cross a holy God who rightly judges sin and evil.

2b. We also see on the cross a loving God who extends mercy and forgiveness to us.

As we close:

Bring your sighs to the Sighing Savior today.



Romans 8:26-27: Likewise, the Spirit helps us in our weakness. For we do not know what to pray for as we ought, **but the Spirit himself intercedes for us with groanings too deep for words.** And he who searches hearts knows what is the mind of the Spirit, because the Spirit intercedes for the saints according to the will of God.