



Mark 14:32-42

And they went to a place called Gethsemane. And he said to his disciples, "Sit here while I pray." And he took with him Peter and James and John, and began to be greatly distressed and troubled.

Mark 14:32-42

And he said to them, "My soul is very sorrowful, even to death. Remain here and watch." And going a little farther, he fell on the ground and prayed that, if it were possible, the hour might pass from him.

Mark 14:32-42

And he said, "Abba, Father, all things are possible for you. Remove this cup from me. Yet not what I will, but what you will."

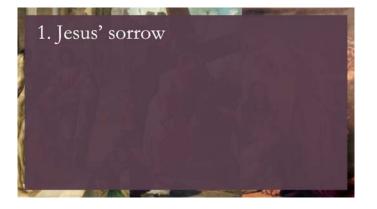
Mark 14:32-42

And he came and found them sleeping, and he said to Peter, "Simon, are you asleep? Could you not watch one hour? Watch and pray that you may not enter into temptation. The spirit indeed is willing, but the flesh is weak."

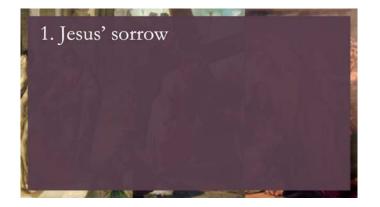
Mark 14:32-42 And again he went away and prayed, saying the same words. And again he came and found them sleeping, for their eyes were very heavy, and they did not know what to answer him.

Mark 14:32-42 And he came the third time and said to them, "Are you still sleeping and taking your rest? It is enough; the hour has come. The Son of Man is betrayed into the hands of sinners. Rise, let us be going; see, my betrayer is at hand."

In the Garden of Gethsemane the Man of Sorrows took the ultimate sorrow of the cup to secure our ultimate joy and in doing so, He calls us to remain alert in diligent in prayer. 1. Jesus' sorrow 2. Jesus' prayer 3. Jesus' call







1. Jesus' sorrow

"...you who have drunk from the hand of the Lord, the cup of his wrath... the cup of staggering."

- Isaiah 51:17



1. Jesus' sorrow

"The dreadful sorrow and anxiety, then, out of which the prayer for the passing of the cup springs, is not an expression of fear before a dark destiny, nor a shrinking from the prospect of physical suffering and death. ...

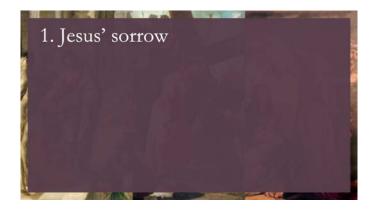
1. Jesus' sorrow

... It is rather the horror of the one who lives wholly for the Father at the prospect of the alienation from God which is entailed in the judgment upon sin which Jesus assumes...

1. Jesus' sorrow

... Jesus came to be with the Father for an interlude before his betrayal, but found hell rather than heaven opened before him, and he staggered..."

- Bill Lane, The Gospel Of Mark



1. Jesus' sorrow

The whole of the punishment of his people was distilled into one cup; no mortal lip might give it so much as a solitary sip. When he put it to his own lips, it was so bitter, he well nigh spurned it:

1. Jesus' sorrow

"Let this cup pass from me." But his love for his people was so strong, that he took the cup in both his hands, and 'at one tremendous drought of love, He drank damnation dry."

- Charles Spurgeon

2. Jesus' prayer

2. Jesus' prayer

"Abba, Father, all things are possible for you. Remove this cup from me. Yet not what I will, but what you will." (v. 34)

A. Personal

Jesus shows us his divine nature as the Son of God; and because He has made us sons of God by the cross, He teaches us to pray to our Abba, Father.

A. Personal

"...you have received the Spirit of adoption as sons, by whom we cry, "Abba! Father!" - Romans 8:15

"He who did not spare his own Son but gave him up for us all, how will he not also with him graciously give us all things?" - Romans 8:32

B. Dependence

Jesus shows us that while He is fully divine, He is also fully man; as through His petition, He is locating His trust and dependence on the Father.

B. Dependence

- "What was not assumed was not redeemed."
- Gregory of Nazianzus

B. Dependence

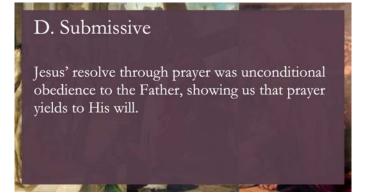
C. Honest

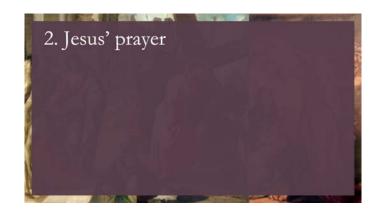
In the Garden, Jesus vulnerably and honestly agonized, wrestled, lamented, groaned, and persevered in prayer to the Father; and so should be the nature of our prayers.

C. Honest

"Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God."

- Philippians 4:6





2. Jesus' prayer

Jesus is the divine son of God, who became fully man, that honestly wrestled with the Father, and ultimately submitted to His will so that we might belong to him. He taught us that prayer is personal, like a child speaking with Father. It is an opportunity to express our hearts honestly, declare our dependency and live submissively to His good will.



3. Jesus' call

Watch and Pray

3. Jesus' call

"Watch and pray that you may not enter into temptation." (v.38)

