

Of David.

Bless the Lord, O my soul,
and all that is within me,
bless His holy name!
Bless the LORD, O my soul,
And forget not all his benefits,
who forgives all your iniquity,
who heals all your diseases,

who crowns you with steadfast love and mercy, who satisfies you with good so that your youth is renewed like the eagle's.

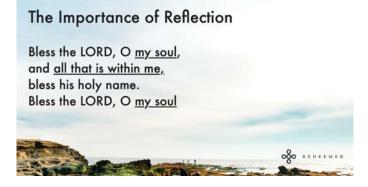
Psalm 103:1-5

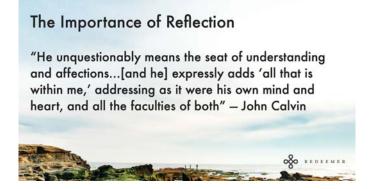
Taking time to reflect on God's goodness leads us to worship

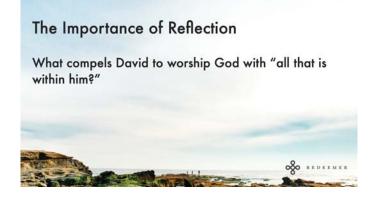


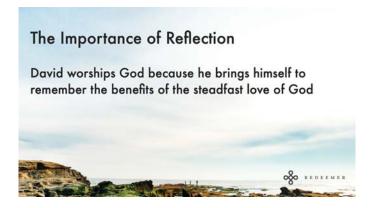


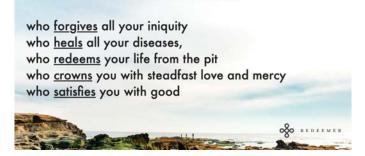
The Importance of Reflection "If people sat outside and looked at the stars each night, I'll bet they'd live a lot differently" — Calvin & Hobbes







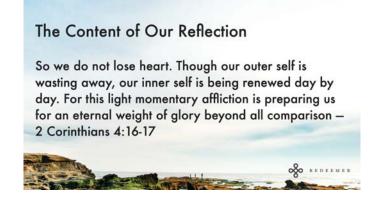




The Content of Our Reflection

The Content of Our Reflection who forgives all your iniquity "There is no greater state than to get up from your knees knowing that God has forgiven every sin you've ever committed" — RC Sproul











The Content of Our Reflection

What is good?

"Creation is meant to point you to the thing you were made to live for, and that is God and God alone. How sad it is when a person looks for what can't be found in something that cannot deliver!" — Kevin de Young





Concluding Thoughts

We can worship the LORD with all that is within us because we know the love of God and experience the grace of God in Christ

