

Gospel Glimpses



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In 2-4 sentences, tell us a little about yourself (where you are from, what brought you to San Diego, family, careers, etc...)

I was born in Los Angeles, adopted at 3 months old, then moved to North County San Diego when I was 6 years old in 1968. I met Bryan and we married in 1985 when I was 23 years old. We have lived in Houston TX, San Jose del Cabo, but mostly here in North County. We have two boys, Chris (30) and Casey (28).

I love to run, bike, paddle and swim in the ocean, and lift at the gym :) Bryan and I enjoy hiking and walking our cattle dog Bindi.

I have worked part time or volunteered after being a full time Paralegal in Houston. Now I enjoy volunteering at sober living places.

Tell us about something that is life-giving to you and why!

Seeing others making significant changes in their lives by staying sober with the help of God. I get to see the change in them before they do and that is very inspiring to me.

In Philippians 4:8, Paul encourages believers to focus on things that are pure, praiseworthy, just, true, lovely, and commendable. In light of that,

share with us one thing you have seen or experienced that exemplifies one of these.

An example is when I was leading a women's sober living group, a homeless gal showed up. I helped her a little, she helped herself a lot and Jesus led us both. She became a Phlebotomist after a few years of recovery and going to school. That is very inspiring to me and gives me energy and desire to continue helping others transform their lives. Since I have experienced Christ Jesus in my life I enjoy passing this on.

What specific Scripture verse(s) has the Lord been using to encourage you during this season?

Phil 4:6-7 - my go to New Testament verse:
Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

This verse reminds me to look at my feet, stay present, and with gratitude I am gifted the peace of God.

Habbukuk 3:19 - my go to Old Testament verse especially when running - I love music too!

The Sovereign Lord is my strength;
he makes my feet like the feet of a deer,
he enables me to tread on the heights.
For the director of music. On my stringed instruments.