

K-5th Grade

Gideon

Activity Ideas

Session Title: Gideon

Bible Passage: Judges 6–8

Story Point: God showed Gideon that victory comes from Him.

Key Passage: 1 John 1:9

Big Picture Question: What is repentance? Repentance is turning away from sin and turning to Jesus.

Activities

OPTION 1: *Knock 'em down*

Gather the kids on one side of the room. Stack plastic cups on the far side of the room. Allow the kids to take turns tossing hollow plastic baseballs at the cups, trying to knock them over. You may form teams of kids and make it a competition, or play a version where one kid aims for a specific cup and other kids must try to hit the same cup.

SAY • In our story today, we will learn about a man named Gideon. God used Gideon to defeat the enemies of God's people. One of the first things Gideon did was knock down altars to false gods. We will learn more about the things Gideon did soon.

OPTION 2: Wring it out

Fill a bowl with water and place a large sponge in the water. Place an empty large measuring cup next to the filled bowl. Allow the kids to take turns lifting the sponge, holding it over the empty measuring cup, and squeezing it one-handed. Record how much water each kid manages to squeeze out of the sponge and then reset the station by pouring the water back into the original bowl and placing the sponge back in the filled bowl. Whoever squeezes the most water from the sponge wins.

SAY • Sponges are very good at absorbing water. Fleece, another word for sheep's wool, can also absorb water. Today we will learn about a time God gave a sign with fleece and water.

OPTION 3: Gideon's torches

Provide each kid with an empty paper towel roll. Help the kids push red, orange, and yellow tissue paper into one end so that it flares out the top like flames. Use tape to secure the tissue paper.

SAY • God showed Gideon that victory comes from Him. He asked a young son from a weak family to lead an army. Then God reduced the size of the army twice! When Gideon went into battle with torches, pots, and trumpets, it might have seemed they had no chance to win. But God threw the Midianites into confusion, and they fought against themselves. When Gideon's army defeated their enemies, everyone knew that it was really God's victory.