

Armor of God

Shield of Faith

Activity Ideas

Session Title: Shield of Faith

Bible Passage: Ephesians 6:11

Key Passage: Ephesians 6:11-18a

Story Point: We can put on the Shield of Faith by trusting God and putting our faith in Him.

Games

Faith Ball

Give every child a paper plate shield. (A paper plate with a handle made of masking tape on the back.) Or use a racket or anything you have around the house that can act like a shield. Gently toss crumpled balls of paper at the children. (Not towards their heads, of course.) The kids have to use their shields to block the “arrows” flying toward them. Once they are hit, they are out. They can help throw things, if you want. Play until everyone is out.

Variation: Use a variety of sizes of paper plates. Give some kids dessert plates and others serving plates, for example. Consider giving a couple of kids no shields at all. This helps to demonstrate that the bigger our faith is, the harder it is to be attacked.

Craft

[Shield Printout](#)

Craft: Make shields of faith.

1. Give each kid paper or cardboard
2. On the board, draw a shield outline or use the printout linked above. Make sure they take up most of the page.
3. Allow the children to design their shields however they want, as long as they put the word FAITH on it, somewhere visible.
4. Use masking tape to make handles on the back.