Preschool
Armor of God
Breastplate of Righteousness
Activity Ideas

Session Title: Breastplate of Righteousness
Bible Passage: Ephesians 6:11 & Daniel 6
Key Passage: Ephesians 6:11-18a
Story Point: We can put on the breastplate of righteousness by trusting, obeying and choosing to do what is right.

Game:

Read a series of tricky situations that children might find themselves in. Have them run to one corner of the room or the other to show what they would do in a given situation.

For example, say, “Your friends want you to stay out later than your parents say you can. Do you (a) stay out with your friends for just a few more minutes or do you (b) tell your friends that you have to go home because your parents told you to.”

When you say go, have the children run to corner a or b. Have a few children explain their reasons. Make the questions appropriate for the age and situations your students may find themselves in. After a couple or rounds, you can have children come up with situations, too.

Craft:

Make breastplates of righteousness with the children.

1. Cut out a breastplate shape. (Make an inward curve at the neck, the armpits, and the stomach.)
2. Punch a hole in each shoulder.
3. Decorate with scraps of paper. Include a heart on the center.
4. Add the words “Right with God” to the breastplate.
5. Measure a piece of ribbon to about a yard per child. String a button through it, then tie each end of the string through a hole in the shoulder. This makes an apron-like breastplate.