

K-5th Grade
Armor of God
Intro & Belt of Truth
Activity Ideas

Session Title: Intro & Belt of Truth

Bible Passage: Ephesians 6:11-14 & Genesis 2:15-3:24

Key Passage: Ephesians 6:11-14

Story Point: We can put on the belt of truth by believing and remembering God's truth.

Truth or False Game:

Tell the students that you will ask them a series of true or false questions. For each question they get right, they take one giant leap towards the finish line. (The end of the room.) If they miss a question, they stay where they are. The first one to cross the finish line wins. Have them line up at the starting line. All the children answer every question, all at the same time. Those who get it right move forward. Those who do not get it right stay put. Continue in game play until every child has crossed the finish line. (Or reached the other end of the room.) Feel free to make up your own questions. You know your students and their interests, so make up questions they would like! Questions:

1. True or false: Polar bears live in the Amazon.
2. True or false: Jesus was born in Bethlehem.
3. True or false: Birds live underwater.
4. True or false: Genesis is the first book in the Bible.
5. True or false: The Bible was originally written in Latin.
6. True or false: Moses built the ark.
7. True or false: In the painting of Mona Lisa, she has no eyebrows.
8. True or false: It took God a month to create the Universe.
9. True or false: Jesus Christ died for the sins of the world.
10. True or false: It always snows in the summer.
11. True or false: Halloween is when we celebrate the birth of Christ.
12. True or false: The sky is blue.
13. True or false: Jesus isn't the only way to get to Heaven.

14. True or false: Libraries are where you buy groceries.
15. True or false: Disney characters Pluto and Goofy are both dogs.
16. True or false: Koalas have fingerprints.
17. True or false: Almonds are part of the peach family.
18. True or false: Albuquerque is the capital of New Mexico.
19. True or false: Las Angeles, California is the capital of the USA.
20. True or false: A cockroach can live a week without its head.
21. True or false: Elephants have no sense of smell.
22. True or false: Camels can walk 100 miles without drinking water.
23. True or false: The Bible was written by Moses.
24. True or false: In some countries, it is illegal to own a Bible.
25. True or false: Roses are always red.

Craft

Make Belts of Truth

Pass out two sheets of construction paper, scissors and crayons.

Show a picture of the Roman centurion.

Explain that Paul, who wrote about the armor of God, would have been picture this kind of soldier. So that's the kind of belt you will be making.

1. Start by folding each piece of construction paper in half, long side to long side. (Hot dog style.) Unfold and cut along the crease. You now have four long pieces.
2. Cut one short side of each piece into a point. Do this by cutting away each corner and having your cuts meet in the middle.
3. Along the other end, the flat side, punch two holes a couple of inches apart. (For younger kids, do these steps first, so they can just focus on the important parts, thinking about the Truth.
4. Now write a Biblical truth that matters to you on each piece. Add a picture if desired. (For example, "God loves me no matter what." Draw a heart.)
5. String all four pieces onto a long length of yarn. Cut the yarn and tie the belt around your waist. You now have a Belt of Truth!