

**K-5th Grade**  
***Armor of God***  
**Breastplate of Righteousness**  
*Parent Devo & Bible Study*

**Session Title:** Breastplate of Righteousness

**Bible Passage:** Ephesians 6:11 & Daniel 6

**Key Passage:** Ephesians 6:11-18a

**Story Point:** We can put on the breastplate of righteousness by trusting, obeying and choosing to do what is right.

**Parent Devotional**

It is so easy to forget that there is an unseen battle going on all around us. To be an effective instrument of God in this world, it is important that we not only know that it is happening but to prepare for it daily. Because we are in the family of God, we are Satan's enemy and he will do whatever it takes to render us ineffective in accomplishing the mission God has for us. He has multiple strategies to do this including temptation, comfort, and telling lies about God and ourselves. Our children face the very same battle and we see it daily. Our kids do things they know are wrong but choose to do them anyways and often you can see in their face the struggle to choose to do the right thing.

In Ephesians 6, Paul explains this to the believers in Ephesus and tells them how to be ready for the attacks that Satan will throw at them. This is where the idea of armor comes in to show what it looks like to intentionally "put on" the defences that we have been given in Christ as well as take up the weapon of the Holy Spirit, which is the only offensive weapon we are given.

As you prepare for the lesson, be sure to pray for your kids so that they can understand and emphasize the security we have with God and the indwelling of the Holy Spirit. We don't want them to be afraid but it is important for them to know and understand that there is a spiritual world that we cannot see.

For further information on spiritual warfare and the armor of God, study the following passages. As you study these, allow the Holy Spirit to work these truths into your life so you can share them with your kids.

Isaiah 14:12-14 and Ezekiel 28 (Describing Satan and his fall)

Genesis 3 (the temptation and fall of man- Satan's first act to destroy humanity.)

Job (Satan gets permission to tempt him)

2 Kings 6 (Elisha and God's army)

Matt 4:1-11, Luke 4:1-13 (Temptation of Christ)

Acts 5 (Ananias and Sapphira lie to the Holy Spirit)

James 4:6-8 (resist the devil)

1 Peter 5:8-9 (resist the devil)

"The devil made me do it" is never a valid excuse. (James 1:13-14)

We have all the tools we need to resist the devil if we are in Christ. We put on the same armor as our Lord and we literally put on Christ. (Is. 59:16-20, Rom 13:11-14)

## KINDERGARTEN - 5TH GRADE BIBLE STORY

We are starting a new unit! We are going to read and learn about the armor of God and how we can put it on daily in our lives! (Read Ephesians 6:11-18a)

Who remembers what we have been learning about? That's right, we are learning about the armor of God! Just like knights and soldiers wear armor to protect themselves from being attacked, we wear the armor of God to protect us from being attacked by Satan.

Satan tries to get us to sin, but since we love God, we don't want to sin. We want to live righteous lives. Who can tell me what righteous means? Righteous means being right with God. We are righteous when we follow God and don't let any sin into our hearts. What piece of armor protects the heart? Point to the knight's breastplate. That's right, the breastplate. The breastplate on a knight protects his heart.

Our armor from God comes with a breastplate too. The breastplate we get from God is called the breastplate of righteousness. This means that when we put on the breastplate of righteousness, we are protecting our hearts from sin and learning to be righteous- right before God.

Now, is the breastplate of righteousness something we actually wear, like we might wear a jacket? Do we keep our breastplates of righteousness hanging up in our closets? No! So how do we put on the breastplate of righteousness?

We pray that God would make us right before him by forgiving us of our sins, we read our Bibles, and we do our best to do what we know is right. When we do what is right before God, we are putting on the breastplate of righteousness.

One person in the Bible that showed a lot of righteousness is Daniel. Daniel chose to obey God and pray to only him even though he knew he was breaking the law. Daniel was righteous in God's sight as he chose to obey the one true God. Because Daniel chose to do the right thing and obey God, He spared Daniel's life and performed a miracle. (Read story from Jesus Storybook bible or Daniel 6).

### Memory Verse:

#### **Ephesians 6:11-18a**

**11** Put on the whole armor of God, that you may be able to stand against the schemes of the devil.

**12** For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places. **13** Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm. **14** Stand therefore, having fastened on the belt of truth, and having put on the breastplate of righteousness, **15** and, as shoes for your feet, having put on the readiness given by the gospel of peace. **16** In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one; **17** and take the helmet of salvation, and the sword of the Spirit, which is the word of God, **18** praying at all times in the Spirit, with all prayer and supplication.